

# From Boots to books: Applying Schlossberg's model to transitioning American veterans

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Schlossberg's Transition Theory A well-known theorist and professor, Dr. Nancy Schlossberg, explains how her transition theory impacts military personnel's reintegration back into civilian life. Schlossberg's transition theory framework advocates there are four coping strategies (4S's) that help servicemen's transition from military service back into the civilian workplace less challenging. The four approaches are situation, self, support, and strategies. In addition, the theory explains anticipated, unanticipated and nonevents as three types of transitions a veteran can experience when return Strengths & Weaknesses From Boots to Books: Applying Schlossberg's Model to Transitioning American Veterans. • Qualitative Literature Review with Phenomenological design • Population: Student-Veterans (S-Vs). RQ: "What are the strengths, needs, and challenges of veterans as they transition from the military to higher education?" Theory Framework: Schlossberg's 4s: Situation, Self, Support, Strategies. Findings • S-Vs transitions are similar to and different from general student population • S-Vs need appropriate supports and services to facilitate their personal and academic success • Adv Applications of Schlossberg's model are discussed for assessment and interventions across the following inter-related areas: Situation, Self, Support, and Strategies. Case studies are included to provide working examples of utilizing the model for conceptualizing and tailoring treatment for veteran clients. Introduction. The separation from the military to civilian life can be a complex and challenging transition for today's returning veterans, and providing assistance with this transition is increasingly important, with more than 200,000 military personnel transitioning to civilian ... Career Development for Transitioning Veterans By Beckham, Fred Career Planning and Adult Development Journal, Vol. 30, No. 1, Spring 2014. Read preview Overview.